

Lieutenant Governor Visits Shri Ramakrishna Mahasammelan Ashram Anantnag; Lays Foundation Stone for initiatives dedicated to heritage and cultural preservation



JAMMU BULLETIN NEWS
SRINAGAR, AUG 17:
The Lieutenant Governor, Shri Manoj Sinha today visited the Shri Ramakrishna Mahasammelan Ashram in Anantnag on the auspicious occasion of Samadhi Pratishtha Divas, Nag Panchami Mahotsav, and the Purnahuti of the Yajna. He also laid the foundation stone for initiatives dedicated to heritage and cultural preservation. In his address, the Lieutenant Governor expressed deep reverence for the Ashram, which has preserved the wisdom of sages. Paying homage to Swami Ashokanand Ji Maharaj, the Lieutenant Governor recalled his visionary resolve in 1937, which transformed the Ashram into a vibrant spiritual centre. He noted that Swami Ashokanand Ji Maharaj envisioned not merely a place of worship but a living institution that carried forward the eternal message of Sanatana Dharma while serving the real needs

of society. "His legacy of service, discipline, and dedication continues to inspire generations. When Swami Ashokanand Ji Maharaj left his mortal body in 1971, he left behind a living tradition of service, discipline, sadhana, and dedication that can still be felt in every activity of this ashram," the Lieutenant Governor said. The Lieutenant Governor emphasised that Indian civilisation has always seen spirituality and nature as inseparable. Quoting the Isha Upanishad, he reminded the gathering that the Divine pervades all creation. In the context of global climate challenges, the Lieutenant Governor urged the youth to embrace their responsibility towards rivers, forests, animals, and all living beings, ensuring that development remains sustainable and in harmony with nature. Highlighting new initiatives at the Ashram, including the construction of a Yatri

Niwās, renovation works, a dining complex, and the expansion of the Yajnasala, the Lieutenant Governor expressed confidence that these projects would embody faith transformed into action. He stressed that spirituality in Indian culture means responsibility towards the world, performed with selfless service. Drawing from the Bhagavad Gita, the Lieutenant Governor reiterated Lord Krishna's teaching and underlined that when action becomes service and service becomes dedication, even ordinary work becomes sadhana. The Lieutenant Governor praised the Ashram's affiliation with the Swami Vivekananda Kendra, Kanyakumari, which serves on the principle of "Atmano Mokshartham Jagad Hitaya Cha" - for one's own liberation and for the welfare of the world. The Lieutenant Governor urged the youth to draw inspiration from Swami Vivekananda's message of self-confidence, fearlessness,

»Lieutenant Governor called upon people for selfless service, action, sacrifice, respect to all religions, faiths and to nurture courage, compassion, discipline, and unity within ourselves
»We are the makers of our own destiny: LG Sinha
»I believe that while our past karmas have a role in what we are today, what we become tomorrow will largely be determined by our present karmas: LG
»Under the leadership of Hon'ble Prime Minister Shri Narendra Modi, new opportunities have been created for society in Jammu Kashmir as well as in other parts of the country. But to move forward, we ourselves must prepare with courage, hard work, and self-confidence: LG Sinha
»We have to fulfil our responsibilities towards society, and complete our duties towards family and nation: LG
»Our saints, in different languages, different traditions, and through different methods of sadhana, gave humanity the same fundamental message: work to bring human beings closer to human beings: LG Sinha

and selfless service, reminding them that true strength lies within and that every individual is the maker of their own destiny. Reaffirming India's timeless philosophy of unity in diversity, the Lieutenant Governor said that India's strength lies in respecting diversity while moving forward together. The message of Sarva Dharma Samabhava (equal respect for all religions), he said, has been India's gift to the world. "Swami Vivekananda said that a human being's real strength lies within, and no one needs to consider themselves weak. No matter how difficult your circumstances may be, within you lies the capacity for growth, change, and great work. Swami Vivekananda also revealed the secret of true success and true happiness, saying that the person who is truly rich is one who serves without expecting any reward and acts with a selfless spirit. Therefore, through the

Satsang of the ashram's volunteers, devotees, and office-bearers, there is a need to inspire society towards selfless action," the Lieutenant Governor said. Padma Shri Brij Lal Bhat, Chairman, Administrative Committee, Shri Ramakrishna Mahasammelan Ashram, Vivekananda Kendra, Nagdandi; Shri Brij Mohan Sharma, Principal Secretary, Culture Department; Shri Anshul Garg, Divisional Commissioner, Kashmir; Shri Javid Iqbal Mattoo, DIG South Kashmir; Shri Amod Ashok Nagpure, SSP Anantnag; Dr. Bilal Mohiuddin Bhat, Deputy Commissioner Anantnag; Shri Shivanand Rohit Raina; members of Shri Ramakrishna Mahasammelan Ashram and Vivekananda Rock Memorial and Vivekananda Kendra, Kanyakumari; senior officials, prominent citizens and devotees in large number were present.

CM Omar Abdullah meets delegations, individuals to discuss public, tourism and trade-related issues



JAMMU BULLETIN NEWS
SRINAGAR, AUG 17:
Chief Minister Omar Abdullah today met several delegations and individuals at Raabita here and discussed a range of issues concerning public welfare, tourism, sports, labour, trade and industry in Jammu and Kashmir. The Chief Minister

met MLA Beerwah Dr Shafi Ahmad Wani, who apprised him of various matters concerning his constituency. A delegation from the constituency, also accompanied the Legislator during the meeting. The Chief Minister also met emerging professional MMA fighter from Pulwama, Owais Yaqoob,

and congratulated him on his achievements in the field of mixed martial arts. He felicitated Yaqoob with a cash award of Rs1 lakh in recognition of his impressive performances on the international stage. Yaqoob recently secured a first-round TKO victory over Bulgaria's Delian Georgiev. A delegation of the Travel Agents Association of Kashmir (TAAK), led by its Secretary General Sajad Ahmad Kralyari, also called on the Chief Minister and discussed various issues concerning the tourism sector. The Chief Minister further met a delegation of the Kashmir Labour Union's Federation, led by its President Mohammad Ashraf Ganai.

Sakeena Ito reviews progress on implementation of various projects in Health, Education, Social Welfare Deptts.



JAMMU BULLETIN NEWS
SRINAGAR, AUG 17:
Minister for Health & Medical Education, School Education, Higher Education and Social Welfare, Sakeena Ito today chaired a high-level meeting to review the action taken and progress achieved on decisions taken during earlier review meetings, with particular focus on major infrastructure and development projects being implemented by the Health, Education and Social Welfare departments across Jammu and Kashmir.

The meeting was attended by Commissioner Secretary Education, Ram Niwas Sharma; Special Secretaries of Higher Education, Health and Education Departments; Directors of Health Services Jammu and Kashmir; Directors of School Education Jammu and Kashmir; Principals of Government Medical Colleges and other senior officers of the concerned departments. The Minister undertook a comprehensive review of the physical and financial progress of various ongoing projects, including infrastructure works, Capex and SAsCI projects, utilisation of funds, procurement of equipment and implementation of decisions taken in previous review meetings. Emphasising the importance of translating sanctioned projects into tangible outcomes for the people, Sakeena Ito directed the officers to ensure strict adherence to timelines, close monitoring of execution and

clear accountability at every stage. She stressed that financial expenditure must correspond with actual physical progress and called for immediate resolution of bottlenecks causing delays. Reviewing healthcare infrastructure in Kashmir, the Minister was informed that the 125-bedded District Hospital at Reshipora, Budgam has achieved 75 per cent physical progress and is targeted for completion by March 2027. The status of various SAsCI projects was also reviewed. The meeting was further informed that a proposal for establishment of a Critical Care Hospital Block at Uri has been initiated, with five kanals of land identified at Mohara. In Jammu division, the Minister reviewed the proposed Trauma Centre at Surankote, new UT Capex works and the 100-bedded Hospital at Sunderbani. She was informed that construction of the Sunderbani hospital is nearing completion, while equipment worth ?66 lakh has been requisitioned and the facility is expected to be made operational shortly. The Minister also reviewed infrastructure and other development works at GMC Handwara, GMC Srinagar, SKIMS Medical College Bemina, GMC Rajouri, Government Ayurvedic College Akhnoor, GMC Kathua, GMC Jammu and GMC Anantnag. At GMC Rajouri and GMC Kathua, she took stock of Capex and CSS works, functioning of Dental Units and procurement of essential equipment. The meeting was informed that the upgradation of the GNM Nursing School to a Nursing College at GMC Rajouri has achieved 65 per cent progress, while construction of the Teaching Hospital at GMC Kathua is at an advanced stage. At GMC Jammu, the Minister reviewed the status of Capex and CSS works and was apprised that several projects have either been completed or are nearing completion. The functioning of the Emergency Dental Unit and District Early Intervention Centre at SMGS Hospital was also assessed.

Power shutdown

JAMMU BULLETIN NEWS
JAMMU, AUG 17:
Chief Engineer (Distribution) JPDCL Jammu has informed that the power supply to Philian, Ganeshu Chak, Parladpur, Makwal, Sohanjana, Hakkal, Raipur, Gujarbasti and adjoining area will remain affected on August 19 from 6 am to 12 noon. Similarly, the power to Rabta, Mathwar, Ranjan, Sarote and adjoining areas will remain affected on August 18 from 8 am to 1 pm. Likewise, the power supply to Chatroo, Ikhala, Mughalmaidan, Dachhan and adjoining areas will remain affected on August 18 from 8 am to 3 pm.

55 aspirants set to complete Entrepreneurship training at Samba

JAMMU BULLETIN NEWS
SAMBA, AUG 17:
Two batches, comprising 55 local aspirants, are set to complete 20 day training under Entrepreneurship Skill Development Programmes (ESDP-3 & 4) at District Administrative Complex Samba. Joint Director Jammu and Kashmir Entrepreneurship Development Institute (JKEDI), Chand Kishore Sharma reviewed the ongoing training on the 19th day, today. The Joint Director interacted with the 55 trainees from twin batches, reviewed the progress of the 20-day, 104-hour training programme and assessed the effectiveness of the training modules and learning outcomes. He encouraged the participants to apply the skills gained towards building sustainable entrepreneurial ventures and contributing to economic growth in Jammu & Kashmir. The programmes are scheduled to conclude tomorrow with the successful completion of the 104-hour entrepreneurship training.

First batch of Shri Budha Amarnath Ji Yatra accorded grand welcome at Poonch

JAMMU BULLETIN NEWS
POONCH, AUG 17:
The first batch of Shri Budha Amarnath Ji Yatra pilgrims was warmly welcomed today by the District Administration and a large number of local people, here at the Yatra base camp, College Ground. The district administration, led by Deputy Commissioner Poonch Ashok Kumar Sharma, DIG, Rajouri -Poonch, Sandeep Wazir, Senior Superintendent of Police, Shafket Hussain Bhat, Additional Deputy Commissioner, Tahir Mustafa Malik, Assistant Commissioner Revenue, Muhammad Sayeed, Assistant Commissioner Development, Shakeel Ahmed Malik, besides other police and civil administration officers along with the Yatra Management Committee, civil society members and large number of enthusiastic locals extended a grand welcome to the pilgrims. Over two thousand yatrīs reached Poonch in the first batch, marking the formal commencement of the revered annual pilgrimage. Addressing the gathering, the Deputy Commissioner reaffirmed the district administration's commitment to ensuring the smooth conduct of the Yatra. He emphasized that comprehensive arrangements have been put in place to facilitate the yatrīs throughout their spiritual journey. A large number of locals were also present, showcasing the district's rich tradition of hospitality. The arrival of the first batch signals the beginning of a significant religious and cultural event in the district. The Yatra, spanning nearly 10 days will culminate with the Chari Mubarak Yatra from Poonch to Shri Budha Amarnath Ji Shrine in Mandi.

Entrepreneurship awareness programme held at Apna Van Mandal Jammu



JAMMU BULLETIN NEWS
JAMMU, AUG 17:
MSME-Development & Facilitation Office (MSME-DFO), Jammu, Ministry of Micro, Small & Medium Enterprises, Government of India, organised an Entrepreneurship Awareness Programme today at Community Centre, Apna Van Mandal. The programme, held under the guidance of the Joint Director, MSME-DFO Jammu AK Tamarīa, was attended by around 150 individuals, with women constituting the majority, reflecting the growing interest among women in entrepreneurship, self-employment and enterprise development. The event aimed to sensitise participants to various Government schemes, financial assistance, credit facilities and institutional support available for promoting entrepreneurship and the development of MSMEs. Aabid Hussain, the programme coordinator delivered the welcome address and briefed the participants about the objectives of the programme and the importance of availing the government initiatives for enterprise development. Functional Manager DIC Jammu Poonam Rani delivered a presentation on different schemes of the UT Government and apprised the participants about the support mechanisms available for entrepreneurs. District Nodal Officer JKEDI Rajesh Kumar made a presentation on JKEDI schemes and highlighted initiatives aimed at promoting entrepreneurship and self employment. Branch Head Chatha Sandeep Singh Dutta and Branch Head Phallian, J&K Grameen Bank Rajan Khajuria sensitised the participants to various banking schemes, credit facilities and

financial assistance available for setting up and expanding enterprises. Assistant Director IEDS MSME-DFO Jammu D.K. Tyagi made a detailed presentation on the schemes of the Ministry of MSME, Government of India and apprised participants about the support available for the growth, development and sustainability of MSMEs. Block Programme Manager JKRLM Neha Dubey shared information regarding relevant livelihood and entrepreneurship initiatives and opportunities available to the participants. A key highlight of the programme was the facilitation of 10 Udyam Registrations on the spot, enabling prospective entrepreneurs to formally register their enterprises and access various benefits and support available under the MSME framework. The programme provided participants with an opportunity to interact with officials and resource persons and gain first-hand information regarding government schemes, institutional support, financial assistance and formal credit facilities. The programme concluded with a vote of thanks by Neha Dubey, who expressed gratitude to the resource persons, officials and participants for their valuable contribution and active participation in making the programme a grand success.

Shri Baba Budha Amarnath Ji Yatra First batch of 2041 pilgrims accorded warm reception by District admin Rajouri

JAMMU BULLETIN NEWS
RAJOURI, AUG 17:
With devotion in their hearts and the sacred spirit of pilgrimage guiding their journey, the first batch of 2041 pilgrims of Shri Baba Budha Amarnath Ji Yatra was warmly received today at Yatra Ground in Rajouri, marking the commencement of the annual pilgrimage to the revered shrine. The first batch comprised 1013 males, 1000 females, 26 children and 2 Sadhus. The pilgrims arrived in a fleet of 50 vehicles, including 42 buses, a MMV and seven LMVs. The pilgrims were received at Base Camp Rajouri by Deputy Commissioner Abhishek Sharma.





DR. TWINKLE'S AYURVEDA

Clinic at Bali Medicos, near 4th Tawi Bridge, Belicharana Road.

OFFERS COMPLETE PERSONALISED CARE FOR

- Skin Problems
- Sexual Weakness
- Haircare
- Respiratory Disorders
- Obesity
- Thyroid Disorders
- Neurological Problems
- Depression
- Liver Disorders
- Diabetes
- Leucorrhoea
- Hypertension
- Urinary Infection

CUSTOMIZED DIET PLAN FOR DISEASES

FOR APPOINTMENT CONTACT 7006520990

